



Hazardous Items

Pets are naturally curious creatures and are attracted to bright, shiny things like candles and decorations. These holiday items should be kept out of reach from pets to help avoid accidents.



Decorations

Tinsel, ribbons, salt dough, fragile ornaments



Festive plants

Poinsettias, mistletoe, lilies, holly, amaryllis



Open-flame candles



Gift wrapping



Exposed electrical cords



Exposed Christmas tree water

Toxic Foods

We know it's hard to resist those cute, begging eyes, but your pet's health will thank you for your restraint! These common festive foods shouldn't be part of their diet.



Chocolate



Candy and desserts



Fatty meat and bones

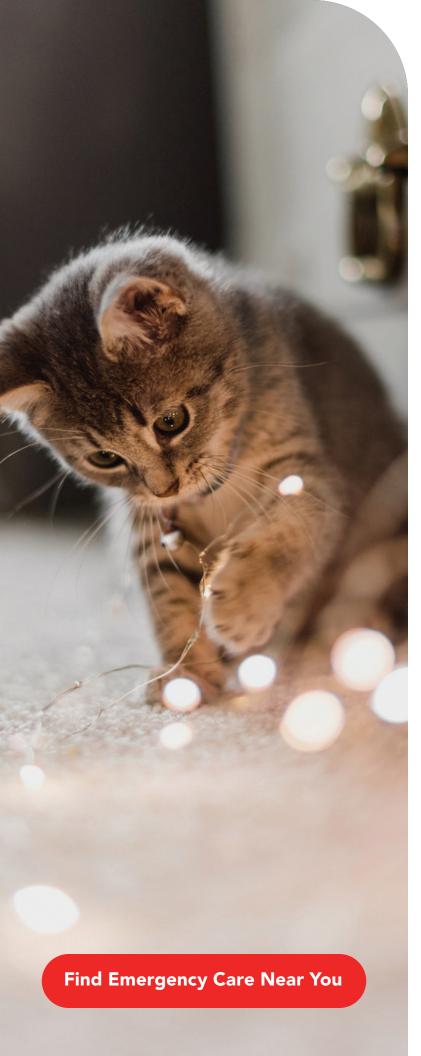


Alcoholic drinks



Exposed trash





Holiday Do's

Consider this your holiday cheat sheet, with some quick, easy ways you can help your pets stay healthy and happy.

- Clean/pack up any food and drink leftovers
- Decorate with pet-safe ornaments
- Keep festive plants out of reach
- Follow your pet's regular diet
- Put a tree skirt on your Christmas tree
- Invest in electric candles/menorahs
- Keep dogs inside
- Secure your Christmas tree
- Make a quiet, safe space for your pet away from quests
- Check in with your pet to ensure they're happy and comfortable

Stay Prepared

Being prepared is always a great idea. Here are some more ways your pets can stay extra safe this holiday season.



Read VCA's holiday safety articles



Use 24/7 Live Chat through the myVCA™ app for questions or concerns



Locate your nearest VCA Animal Hospital with Emergency Care services







Practice Self-Care (Together)

- Have a spaw day with pet-safe grooming products
- Throw a holiday-themed movie night
- Grab your favorite blanket for a cuddle session
- Give your pet a relaxing massage
- Try pet yoga (downward dog, anyone?)



Manifest Happiness

- Every morning, write five reasons you're grateful (bonus if they're all about your pet)
- Set holiday intentions
- Send holiday notes to those you care about
- Play fun, interactive games during your celebration
- Put extra thought into gift giving (what goes around, comes around!)



Supercharge Your Calm

- Meditate with your pet
- Take time to unplug and be present with loved ones and pets
- During stressful moments, take a deep breath
- Accept that things may go wrong, and that's okay (plus, VCA's here to help if they go wrong, wrong!)



Get Moving

- Go on a winter walk (remember to protect the paws!)
- Teach your pet a new trick
- Create an indoor obstacle course for your pet
- Have a playdate at the dog park
- Test out the new toy you've gifted your pet

